



## ACRO FRENCH CUP 23rd – 25th January 2026

# OFFICIAL INVITATION

### 01. GENERAL INFORMATION

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Dear Acrobatics friends,

In agreement with the French Federation of Gymnastics, the club of GYM TREVOUX and the Ain Gymnastics departmental committee, have the pleasure to invite you and your delegation to participate in the 2<sup>nd</sup> "Acro French Cup" international competition.

This tournament will be organized in Trévoux, France from 23rd to 25th January 2026.

### 02. PROVISIONAL SCHEDULE

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The detailed schedule will be defined after nominative registrations and sent by email.

Thursday, 22nd January

Friday, 23rd January

Saturday, 24th January

Sunday, 25th January

Monday, 26th January

Arrival of delegation - Accreditations

9h-12h **Training** as per schedule in Competition Hall

17h30 : **Orientation meeting**

18h30 : **Judges' meeting**

**Competition** as per schedule in Competition Hall

9h-19h QUALIFICATIONS

19h30-22h30 Farewell Party

**Competition** as per schedule in Competition Hall

9h-16h QUALIFICATIONS + FINALS

Departure of all delegations

### 03. COMPETITION VENUE

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COMPLEXE SPORTIF MONTFRAY SPORTS  
Chemin des Granges – 01 480 FAREINS  
FRANCE



Training and competition Floors: GYMNOVA

### 04. COMPOSITION OF DELEGATIONS

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Each delegation may include:

- 1 Head of Delegation
- 1 Team Manager
- 1 to 4 coaches
- Unlimited number of Acrobatics units
- 1 physiotherapist
- 1 judge \*

*\*If no judge is present, a financial penalty will be applied = **500 € penalty fee***

### 05. CATEGORIES - COMPETITION FORMAT – ENTRY FEES

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This competition will be running to the 4 categories of the 2026 World Age Group Competition and World Championships **with an opening on the years of ages** + one category based on Pre-youth FIG rules (refer to French technical regulation)

***In these 3 categories, Entry Fees are 100 € / unit (pair ou group)***

- **Youth (10-19 years old)** Results = sum of the score of balance + dynamic
- **Junior (11-20 years old):** qualification on balance and dynamic / Combined (mark from zero) for the finalists.
- **Senior (13 and + years old):** qualification on balance and dynamic / Combined (mark from zero) for the finalists.

***In these 2 categories, Entry Fees are 60 € / unit (pair ou group)***

- **Nationale A (8-16 years old) International program "Aspire"**
  - Results = sum of the scores of 2 combined exercises (appendix 5)
- **Pre youth (9-17 years old)**
  - FIG Pre-Youth rules / Results = sum of the score of balance + dynamic

## **06. DEADLINES for ENTRIES**

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Definitive entry: **29<sup>th</sup> November 2025**

Nominative entry: **15<sup>th</sup> December 2025**

Delegations must send Entry Forms (Appendix 1 and 2) available in the appendix by mail to OC at [acrofrenchcup2026@gmail.com](mailto:acrofrenchcup2026@gmail.com)

## **07. TARIFF SHEETS and MUSICS**

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Tariff sheets and music in .mp3 must be send before **11<sup>th</sup> January 2026**, by mail to OC at [acrofrenchcup2026@gmail.com](mailto:acrofrenchcup2026@gmail.com)

Please name the files as follows

**JUN\_W2\_FRA1\_B\_Name of the Top**

## **08. ACCOMODATIONS' PACKAGE**

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All participating delegations can book their accommodation through the OC or they can choose to stay on their own.

Full board is included in the accommodation packages (hotel room, VAT, breakfasts, meals, farewell party, local transportation)

***From dinner of 22nd January to breakfast of 26th January (4 nights)***

Breakfast will be served at the hotel. Lunch and dinner will be served at the catering hall open presentation of the accreditation badge.

### **Economic Hotel Category \*\***

Twin or Triple room **305 € / person**

Single room **390 € / person**

### **Superior Hotel Category \*\*\***

Twin or Triple room **390 € / person**

Single room **470 € / person**

**Accommodations' form** (Appendix 3) must be sent before the **29<sup>th</sup> November 2025**, with 50% deposit. Balance payment is due for the 4<sup>th</sup> of January 2026 the latest.

NB: After the 4<sup>th</sup> of January 2026, cancellation will not be refunded.

## 09. TRANSPORTATION

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The participating delegations must cover for the travel costs of all members of their delegation to **Lyon**. The OC will arrange pick-up at one of the following locations:

- Lyon Saint Exupery Airport
- Lyon Train station (TGV – high speed train from Paris less than 2h)

with no additional costs (included in the accommodations package's price).

**Travel Schedule** (appendix 4) must be sent to the OC by the 4<sup>th</sup> of January 2026.

Transportation from and to hotels, during the event, will be provided by the OC and costs are included in the accommodation package.

## 10. FINANCES

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The delegations are responsible for covering their travel expenses, accommodation, meals and entry fees

- 100% of the entry fee + 50% of the accommodation packages must be paid at the time of the definitive entry (**29<sup>th</sup> November 2025**) to:

Bank : Crédit Mutuel

Account Name : CCM TREVOUX

Address: 23 RUE DU PALAIS 01600 TREVOUX

BIC : CMCIFR2A

IBAN: FR76 1027 8073 6900 0205 3020 242

The entry fee is not refundable.

The accommodation fee is only refundable if cancellations are made before 4th January 2026 (Nominative entry)

- The total accommodation fee should be paid for **4<sup>th</sup> January 2026**

## 11. INSURANCE

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All delegations are responsible for having the necessary coverage against accidents and illness. Those certificates of insurance (copy of policy) should be sent by email to the OC [acrofrenchcup2026@gmail.com](mailto:acrofrenchcup2026@gmail.com)

## 12. LOCAL ORGANISING COMMITTEE

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### ***Gym Trévoux***

**Président :** Michel VINCENT  
phone +33 6 16 96 60 20  
mail : [gym.trevoux@aliceadsl.fr](mailto:gym.trevoux@aliceadsl.fr)

**Vice-président :** Alain GUILLOT  
Phone: +33 6 40 95 76 91  
mail : [acrobate3@wanadoo.fr](mailto:acrobate3@wanadoo.fr)

### ***Comité Départemental de l'Ain***

**Responsable du CD 01 en charge de la compétition :** Pascal KERNEIS  
Phone : +33 6 23 77 71 52  
mail : [pascal.kerneis@ffgym.fr](mailto:pascal.kerneis@ffgym.fr)

### IMPORTANT DEADLINES

Definitive Registrations Form Payment 100% registration's fees	29 <sup>th</sup> November 2025	Appendix 1	<a href="mailto:acrofrenchcup2026@gmail.com">acrofrenchcup2026@gmail.com</a>
Accommodations Form + 50% Deposit	29 <sup>th</sup> November 2025	Appendix 3	
Nominative entry	15 <sup>th</sup> December 2025	Appendix 2	
Travel Schedule Form	4 <sup>th</sup> January 2026	Appendix 4	
Balance payment for accommodations (50%) and penalty fee for missing judge	4 <sup>th</sup> January 2026		
Music sending	11 <sup>th</sup> January 2026		
Tariff Sheets sending	11 <sup>th</sup> January 2026		